



MOUNTAIN ECHOES

A publication of the Idaho Health Information Management Association (IdHIMA).

It's Back!

Welcome to our reinstatement of the Mountain Echoes newsletter. We hope that it helps you connect with what is happening at both the national and local levels. Per our policies, it will be distributed biannually so you can look forward to the Spring issue to come! We welcome input concerning content and would love to feature guest authors from throughout the state! If you are interested in contributing to the newsletter, please contact Mona Doan at mona.doan@outlook.com.

President's Message

Author: Jaime Sand, EdD, RHIT, CCS; President

Hello members! It is my pleasure to serve in the President position on the 2018-2019 IdHIMA Board of Directors. This is my third time serving on the Board and I'm looking forward to a great year! This issue of Mountain Echoes is dedicated to informing our membership of our goals for the upcoming year. I'd like to start with a brief overview of efforts at the national level, including highlights from this year's CSA Leadership Symposium, followed by our IdHIMA Board commitments for the year.

As many of you already know, we have a new CEO at AHIMA, Wylecia Wiggs Harris. Trina and I had the honor of hearing her speak at the CSA Leadership Symposium. She indicated that she has spent her first 6 months learning more about the current status within the lifecycle of the organization. She and the Board of Directors acknowledged that AHIMA has been a bit stagnant as an organization, providing upcoming opportunity for renewal and growth. This perspective was confirmed with an informal survey of CSA leaders within the meeting. This is not an unexpected point in our organizational lifecycle – AHIMA turned 90 this year after all! Harris is currently building her executive team and as you've probably seen in AHIMA correspondence, is revisiting the strategic plan. She is committed to HIM Reimagined and I look forward to where she takes the association in the near future! You can learn more about Harris here: <http://journal.ahima.org/2018/01/05/ahima-names-wylecia-wiggs-harris-as-new-ceo/>

INSIDE THIS ISSUE

- 1 President's Message
- 3 IdHIMA Board Members 2018-2019
- 5 AHIMA CSA Leadership Symposium
- 6 AHIMA House of Delegates
- 7 AHIMA Toolkits
- 8 On Demand Continuing Education
- 9 Save the Date for the 2019 Annual Meeting and Convention
- 9 Call for Board Nominations
- 10 Call for Distinguished Member Award
- 11 IdHIMA Scholarship
- 11 Call for Silent Auctions Items
- 12 Newly Credentialed Members
- 12 Staying Connected
- 14 IdHIMA Word Search Puzzle

We used our IdHIMA Board transition meeting in July to align our efforts with AHIMA's strategic plan at the time. This included preparing HIM professionals for the future, leading in informatics and data analytics, and championing information governance. As we've seen in recent communications from AHIMA, this strategic plan is changing with an initial phase focusing on those areas most profitable for the organization.

Your 2018-2019 IdHIMA Board is committed to supporting these goals through continuing education, member engagement, community outreach, leadership, and clear communication. We hope to keep you informed of a variety of opportunities to learn new skills, advance your education, obtain new credentials, and network.

In order to meet these goals, we have established the following committees:

- Board Leadership. This committee is led by me with a focus on updating Board policies and procedures, and establishing a timeline to meet our goals this year, providing coordination and resources for our efforts.
- Communication. This committee is led by Mona Doan (Nominating Committee) with a focus on membership communication, including mailings, the website, the newsletter, emails, Facebook, etc. We welcome volunteers with expertise/interest in marketing, social media, and communications. If you are interested in helping, please contact Mona at mona.doan@outlook.com.
- Membership Education. This committee is led by Carla Perez (Program Director) with a focus on our 2019 IdHIMA Annual Meeting and Convention, coding roundtables, and other continuing education activities. We welcome volunteers in planning/creating educational opportunities and finding speakers, and always need extra hands at convention. If you are interested in helping, please contact Carla at CarlaDPerez@yahoo.com.
- Outreach. This committee is led by Cris Bennett (President-Elect) with a focus on community outreach to engage other associations, community partners, and schools in promoting our profession and expanding our partnerships. We welcome volunteers to help us make these connections. If you are interested in helping, please contact Cris at CJBDancer@msn.com.
- Strategy. This committee is led by Trina Stolp (Past President) with a focus on updating our position descriptions and bylaws for membership review to ensure our future board is aligned with professional trends, other component state associations (CSAs), and AHIMA.

I want to thank my Board for their dedication to our state and association, as well as you, our members! Thank you for your commitment to our profession and continued support of AHIMA and IdHIMA. I hope to hear from you in the coming months concerning your recommendations for the association and I am looking forward to seeing you at our 2019 Annual Meeting and Convention in Boise on April 4th and 5th!

Your IdHIMA Board Members for 2018-2019

In this issue of Mountain Echoes, we introduce to you a portion of your dedicated board members. In our Spring 2019 issue, we will introduce the others that make our association great!

President



Jaime Sand, EdD, RHIT, CCS

Jaime is an Associate Professor in the Department of Community and Environmental Health at Boise State University. She has taught a variety of courses both within the Health Informatics and Information Management program and the department, including those related to medical terminology, coding and reimbursement, health data, research methods, and interprofessionalism. Prior to her position at the university she did lab, radiology, emergency department, outpatient, and inpatient coding at St. Luke's Regional Medical Center, with over 16 years of HIM-related experience. She has an Associate of Science and Bachelor of Science in Health Information Technology/Management with a Master of Education and Doctor of Education in Curriculum and Instruction. She has served on the IdHIMA Board in the past as both a director and member of the nominating committee.

What are your goals this year? This year I am dedicated to providing support, oversight, and resources for the other board members as we work together to achieve the goals of the association. I am committed to ensuring the distribution of Mountain Echoes and continuous communication with the membership, to updating board position descriptions for later review by the membership, and to assisting in continuing education opportunities including those at the 2019 Annual Meeting and Convention.

Why do you volunteer? We have some really great people in our profession! I enjoy working collaboratively with the dedicated individuals that I would otherwise only know as an acquaintance. I enjoy learning more about both our state association, issues that impact our profession within Idaho, and AHIMA. I remember the first time I went to an AHIMA convention, not as a volunteer, but as a member. It was so exciting to see that many people with the same passions and interests! I didn't have to explain to anyone what HIM was! ☺ Volunteering provides me more opportunities to work with our amazing HIM community and to further the impact of what HIM "brings to the table".

Past President



Trina, Stolp, MHS, RHIT

I started in HIM in July 2010 as a Medical Records Specialist at St. Luke's Mountain States Tumor Institute. In August 2012, I changed my career path by joining the Compliance Team at St. Luke's Health System where I started as a HIPAA Privacy Security Specialist and currently a Compliance Analyst for St. Luke's Health System.

Knowing how much continuing education is in the world of HIIM. In December 2016, I graduated from Boise State University with a Master of Health Sciences emphasis in Healthcare Leadership.

What are your goals this year? My goal for this year on the IdHIMA Board is to continue looking at the needs of our CSA Members and determine how the Board can meet those needs.

Why do you volunteer? I volunteer for the Board because seeing all of the changes going on in the HIIM World I want to be an individual that is influencing some of that change by representing our State Members and their needs.

Program Director



Carla Perez, CCA

I graduated from Boise State with my Bachelors in Health Science - HIM emphasis in 2016. I have worked at Blue Cross of Idaho since 2012. I started as a Customer Service Advocate, then moved to claims as a Claim Examiner and now I am a Documentation Specialist. I currently have a CCA through AHIMA, but am interested in obtaining a CHDA within the next year. This is my first year serving on the IdHIMA Board.

What are your goals this year? My goal for this year is to make sure that our members have a positive experience at our 2019 convention. When our members head for home after their convention experience, I want them to feel like they have received information that they can apply in their current roles. I also want our members to leave feeling excited to return the following year.

Why do you volunteer? To be honest, I volunteer because I was asked. 😊 I would have loved to be a part of the IdHIMA Board before I was asked, but I don't think that I would have done the research on my own to find out how I could get involved. I didn't hesitate once I was asked. I think volunteering offers a great opportunity for networking and building relationships in the HIM community. I also find value in volunteering because I am able to stay informed about what is relevant to the HIM occupation. I spent so much time, money and effort to obtain my degree and get a job related to HIM, so staying informed on issues, events, and educational opportunities that are related to HIM are important to me.

Nominating Committee



Rhonda Ward, RHIT

I am one of the four instructors for the HIT Program at ISU. I graduated from the HIT Program at ISU and I have worked in the industry for 14 years. I started my career as an ER Health Unit Coordinator at Bear River Valley Hospital in Tremonton UT. I then became a clinic biller at Oneida County Clinic in Malad, ID. I was then promoted to be the Medical Records Manager at Oneida County Hospital and was in that position for 9 years. I am currently working on getting my Bachelor of Applied Science degree at ISU.

What are your goals this year? My goal for this year is to learn the ins and outs of the IdHIMA Board and help find the right nominees for open positions.

Why do you volunteer? As a new nominating committee member I am excited to be on the board and participate in the upcoming years events. I like to volunteer because I recognize the importance of giving back to an industry that has given me so much.

Nominating Committee



Mona P. Doan, RHIT, CCS-P

Mona is an Instructor for the Health Information Technology Program at Idaho State University. She has an Associate of Science in Health Informatics and Information Management and a Bachelor of Business Administration in Marketing, both from Boise State University. She is currently pursuing her Master of Education in Instructional Design and Technology. Before her position at ISU, she worked in the HIM industry for nearly 18 years in a variety of settings and positions. Prior to serving in her previous elected IdHIMA positions as secretary, president-elect, president, and past president, she volunteered as a coding roundtable and programs committee member.

What are your goals this year? This year I am committed in helping with the communication efforts with our membership and engaging with potential nominees for the upcoming election.

Why do you volunteer? I am dedicated to advancing the HIM profession through leadership in advocacy, education, certification, and lifelong learning. My reasons to volunteer include giving back to the profession; being part of an association that has an impact on our industry; fulfilling a personal and professional commitment; gaining expertise on complex issues that are integral to our business and economy; building valuable relationships with fellow board members by working together on issues we care about; and gaining a better understanding of Board governance through personal experience.

We are always grateful for volunteers, both elected and not. Volunteering for IdHIMA is a great opportunity for networking, as well as personal and professional growth. We hope you all will consider running for office in 2019 and/or volunteering to participate on committees this year. Such opportunities are provided in more detail below!

AHIMA CSA Leadership Symposium

Author: Trina Stolp, MHS, RHIT

The AHIMA CSA Leadership Symposium is an event that engages AHIMA and CSA leaders in strategic direction, envisioning the future, and leadership in the evolving HIM profession. It was very exciting to meet the new CEO of AHIMA, Dr. Wylecia Wiggs Harris. During her first presentation to the State Leaders, she did an informal poll asking the State Leaders if they felt that AHIMA understood their needs and was the organization in touch. There was an overwhelming answer from

the State Leaders that there was a lot of room for improvement. Dr. Harris agreed and shared her feelings how it is time for change in AHIMA and the Board was aware of this.

Dr. Harris holds an organizational development from Capella University, based in Minneapolis, MN; a master of management degree from Northwestern University, based in Evanston, IL; and both a bachelor and honorary doctor of humane letters degree from Wittenberg University, based in Springfield, OH.

She expressed that she is excited to be a part of the next chapter with AHIMA and she was looking forward to working with the Board of Directors, leaders, staff, and volunteers. One of her goals was to grow and strength the membership while continuing to advance the HIM profession.

Many of the breakout sessions supported Dr. Harris vision of helping the Component State Associations' (CSA) Leaders with recognizing the needs of their members.

AHIMA House of Delegates

Author: Trina Stolp, MHS, RHIT; Past President



The House of Delegates (HoD) is a deliberative assembly comprised of delegates elected or appointed from each of the 52 Component State Associations (CSA) and the AHIMA Board of Directors. Delegates serve as a grassroots member forum of AHIMA governing the health information management (HIM) profession.

This year the House of Delegates felt like a continuation of Leadership. Dr. Harris was introduced and she shared her vision of the type of relationship she wanted with the House of Delegates. During her presentation, she discussed the role of the AHIMA Board of Directors and of the House of Delegates as well as the relationship between the two groups. She informed the delegates about the strategy currently being undertaken by the Board of Directors. They are doing what she called a “reset” by exploring the association’s mission and why AHIMA exists and what problems are trying to be solved and are they meeting to needs of members and profession.

AHIMA President/Chair, Diann Smith, discussed the role of the AHIMA Board of Directors and of the House of Delegates as well as the relationship between the two groups. The House and Board work together to accomplish work for the profession and association. Additionally, she informed the delegates about the strategy being discussed by the Board to explore the association’s mission, why does AHIMA exist, and what problems are trying to be solved.

Many of the Breakout Sessions discussed what changes the members House of Delegate felt that needed to change in order for AHIMA and the members to be successful. The breakout groups

developed recommendations, which were they shared with the entire House for further discussion and comment.

There was a lot of discussion too on the Future of the House Apportionment. Some of the discussion included several items. One suggestion was to pool CSA rebate money to help smaller CSA attend the House meeting. Additionally, delegates asked for clarification on the rationale for a change in the House size. The reason for the change is that smaller CSAs have difficulty sending the full number of delegates to the House. Agility of the House is also cited as a concern. More information was requested from the 2018 task force on their discussions and deliberations. The House was polled and 48 out of 52 CSAs decided that there would be no further discussion or change to the current apportionment model.

Reports were provided for the following 2018 House Task Forces that were developed during the 2017 House Meeting and completed work throughout the 2017-18 term.

- Business Process Outsourcing
- Consumer Engagement
- Future of the House
- HIM Awareness
- 2018 Meeting Agenda Planning

There was much discussion of how this is a time for change within the organization of the education needed to prepare those entering the workforce, and the recognizing the needs of the current member to be successful in the ever changing world of healthcare.

AHIMA Toolkits

Did you know that AHIMA has toolkits in Inpatient Coding, Outpatient/Physician Coding, Information Governance, CDI, Privacy and Security, and Informatics that can help you and your organization perform at its best? These can be accessed via the [AHIMA Store](#).

The following is a list of Toolkits that you may find valuable:

- AHIMA Query Toolkit
- Amendments in the Electronic Health Record Toolkit
- Breach Management Toolkit
- Clinical Documentation Improvement (CDI) Toolkit
- Computer-Assisted Coding Toolkit
- Consumer Engagement Toolkit

- Copy Functionality Toolkit
- Disaster Planning and Recovery Toolkit
- Document Management and Imaging Toolkit
- External HIPAA Audit Readiness Toolkit
- Government Audit Toolkit
- Health Data Analysis Toolkit
- Health Information Management Staff Transformation
- Healthcare Reimbursement Audit Toolkit
- Informatics Toolkit
- Information Governance Toolkit
- Information Integrity in the Electronic Health Record
- Meaningful Use Vocabulary Toolkit
- Patient Portal Toolkit
- Physician Coding Toolkit
- Release of Information Toolkit
- Telemedicine Toolkit
- Transcription Toolkit

On Demand Continuing Education

Author: Lori-Lynne A. Webb, CPC, CCS-P, CCP, CHDA, CDIP, COBGC; Coding Roundtable Director

Have you checked out what CEUs you can earn at a very reasonable price? IdHIMA offers numerous continuing education through face-to-face meetings and webinars. The on demand education sessions are pre-recorded live audio conferences and webinars. Receive valuable education – anytime and anywhere! Please visit our website for more information: <https://www.elearningconnex.com/idhima/>.

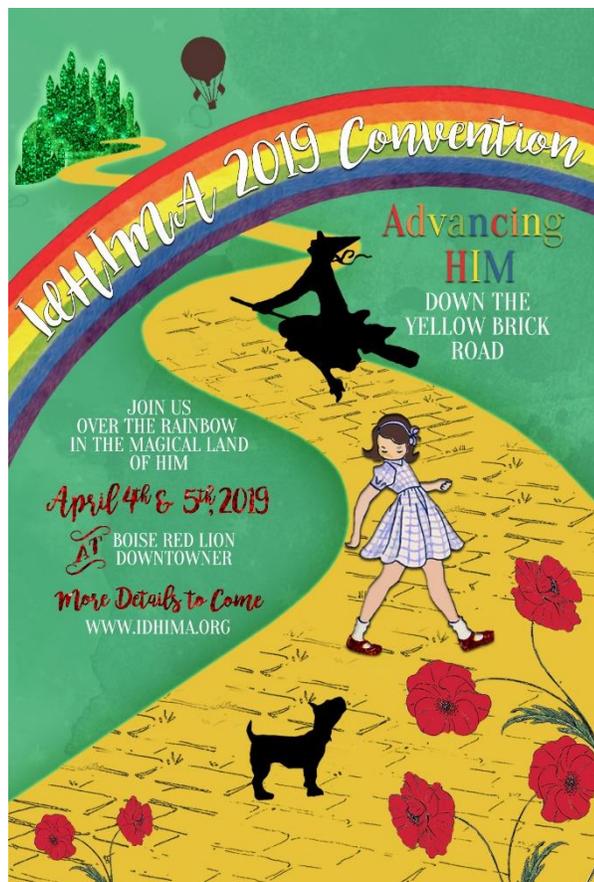
Here is a current list of what IdHIMA has to offer:

- Physician Based OB/GYN Ed’Venture
- Coding Roundtable: “Fall into Fun” Ed’Venture
- Coding Refresher: CPT The Nuts & Bolts of Basics FUN! Summer Ed’Venture
- Coding Diabetes – Holiday Ed’Venture Gift – FREE CEU
- IdHIMA CEU Series 2018 Fall a’Carte

- “Wild Winter” Ed’Venture
- ICD-PCS “Construction Skills” Coding by the Book - Summer Ed’Venture

As our gift to you, we are offering a 0.5 FREE CEU! Find the medical terms in our word search on page 14 of this issue.

Save the Date for the 2019 Annual Meeting and Convention!



Advancing HIM Down the Yellow Brick Road

Join us over the rainbow in the magical land of HIM!

April 4th and 5th, 2019

Red Lion Hotel Boise Downtowner
1800 W. Fairview Ave.
Boise, ID 83702

<https://www.idhima.org/annualmeeting/>

More details to come!

If you'd like to volunteer to help with the program,
please contact us!

Call for Board Nominations

Getting involved in your Idaho component state association provides benefits to YOU and to your profession!

For you:

- Be recognized as a leader that has a strong commitment to the profession
- Demonstrate leadership for career advancement and future roles in IdHIMA and AHIMA
- Have the opportunity to network with peers within the profession

For the profession:

- Recruit and mentor new professionals
- Influence legislation and give input to advance practice standards
- Bring public awareness and enhance image to the profession

Positions Open – Those elected will begin their term on July 1st, 2019

- President Elect (3-year commitment)
- 1st Year Director at Large (2-year commitment)
- Coding Roundtable Director (2-year commitment)
- Advocacy Director (2-year commitment)
- Nominating Committee Member x 2 (1-year commitment)

For more information on these positions and to apply online, please visit our website at:

<https://www.idhima.org/members/call-board-nominations/>.

Timeline for Elections – Winners will be announced on April 4th, 2019 at our IdHIMA Annual Meeting and Conference during the Business Meeting

- Nominations due: February 28, 2019
- Voting opens: March 15, 2019
- Voting ends: March 30, 2019

Call for Distinguished Member Award

Please take a moment from your busy schedules to nominate a colleague for the IdHIMA Distinguished Member Award for 2019. The person you nominate must possess the following attributes:

- 15 Years of service as an active Health Information Professional OR;
- 10 or more years of service to AHIMA and/or to a Component State Association (CSA) with at least 5 years of involvement in IdHIMA as an Officer, Director, Committee Chairperson, Committee member or Delegate; OR
- Has contributed to the Health Information profession in any of the following: Publication, Research, Education, Systems Design, Public Relations, etc.

Please submit your nomination on our website: <https://www.idhima.org/members/distinguished-member/>.

IdHIMA Scholarship

We would like to congratulate our 2018 IdHIMA Scholarship winners: Kathryn Crawley and Claudia Fredrickson. Both are students from the Health Information Technology program at Idaho State University.

The Idaho Health Information Management Association (IdHIMA) is dedicated to promoting Health Information Management (HIM) and assisting HIM specialists in their professional development. IdHIMA is, therefore, offering two (2) scholarships to go toward the fee for any AHIMA credentialing exam at the member rate. Scholarships are awarded to students and IdHIMA active members who plan on sitting for their exam prior to the allotted time documented on their scholarship award certificate. Scholarship deadline is March 15, 2019.

If you would like to apply for an AHIMA credentialing exam scholarship, please follow the steps outlined below:

1. Complete the online application form [IdHIMA Scholarship Application](#).
2. As indicated on the application, write a letter outlining your reasons for applying for this scholarship, your post exam professional plans, and the contributions you plan to make to the health information management profession.

Call for Silent Auction Items

Please consider donating a basket or other item(s) to the auction which will benefit future IdHIMA scholarships. This year's event is just in time for Easter (April 21), Mother's Day (May 12), and high school and college graduations!

Here are some ideas of past donations:

- Homemade/handcrafted items
- Basket of samplers (beer, wine, candy)
- Themed basket (coffee, movie, camping, Idaho)
- Gift certificates (massage, activities)
- Subscriptions (Netflix, Amazon Prime)

Newly Credentialed Members

We recognize the dedication of our membership to lifelong learning and professional growth. We'd like to extend a big "Congratulations!" to the following individuals for receiving new AHIMA credentials!

- Kimberly Dalrymple – new CCA credential
- Claudia Fredrickson – new CCS credential
- Linda Groll - new CCA credential
- Jeremiah Kalb, RHIT - new CHPS credential
- Eryn Learned - new CCA credential
- Jamie Olmo – new CCS-P credential
- Kristin Olson – new CCA credential
- Angie Peace, RHIT – new CDIP credential
- Jessica Phipps - new CCS credential
- Tina Reid - new CCS credential
- Linda Snider - new RHIT credential

Staying Connected

Author: Jaime Sand, EdD, RHIT, CCS, IdHIMA President

I think we can all agree we're in a different age of communication than even just 10 years ago. The IdHIMA Board is working to connect with our members in a variety of ways. Each modality reaches a different audience, and we recognize that some of it works and some of it doesn't - let us know how you want to hear from us!

We've had a few transitions with our website over the years and are now using KnowledgeConnex, a web solutions company servicing the majority of the AHIMA CSAs. This consistency allows us to connect with AHIMA and other states to highlight and offer a variety of education opportunities. Our website offers information about the association, including our board of directors, bylaws and past presidents. It also includes a job board and information about the call for board nominations, distinguished members, scholarships, and how to update your AHIMA member profile. What we really want to highlight, however, is the continuing education! You'll find information about our quarterly coding roundtables and annual convention, along with information about a variety of other CEU opportunities provided by AHIMA and other CSAs. Be sure to check it out regularly!

<https://www.idhima.org/>

Remember to update your AHIMA member profile to ensure you receive AHIMA and IdHIMA communications, including emails, newsletters, and CEU opportunities. Also, be sure to check your spam settings, particularly if you are using your work email. Phishing scams are rampant, so organizations keep security tight! Watch for emails from AHIMA, IdHIMA, and KnowledgeConnex.

Find us on social media!

AHIMA Engage Communities: Idaho Community

Facebook: www.facebook.com/idhima

Instagram: @idahohima

LinkedIn: www.linkedin.com/idahohima

Twitter: @id_hima

Questions? Email us at idahohima@gmail.com

We welcome your comments, questions and suggestions regarding this publication.

Those inquiring about article submissions, publication dates, or advertising please contact:

Mona Doan at

mona.doan@outlook.com



Promoting the Art & Science of Idaho Health Information Management

Find the medical terms...

R L R O I R E T N A S K M S O V N P P C
 P O I F D I G H J A S W O P Y O O O Q B
 C A U T O G R A F T B S E B M E I S N B
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PROCEDURE
 PERCUTANEOUS
 HYSTEROSCOPY
 EXCISION
 ANTERIOR
 EXTUBATION
 AUTOGRAFT
 FOLEY
 BODY
 EKG
 SEPSIS

CAUTERY
 LAPAROSCOPIC
 HYSTERECTOMY
 CAROTID
 POSTERIOR
 INTUBATION
 LUNG
 REPAIR
 MRI
 DNA
 ECOLI

LASER
 LAPAROTOMY
 INCISION
 EXTERPATION
 LUMBAR
 ABDOMINAL
 CYSTOSCOPY
 ROBOTIC
 ULTRASOUND
 UTI

Find the medical terms...

R L R O I R E T N A S K M S O V N P P C
 P O I F D I G H J A S W O P Y O O O Q B
 C A U T O G R A F T B S E B M E I S N B
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 M O A P M A C D Q E A H J C A R O T I D
 F R E R O B O T I C L B F S G F M N K D

PROCEDURE
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CAUTERY
 LAPAROSCOPIC
 HYSTERECTOMY
 CAROTID
 POSTERIOR
 INTUBATION
 LUNG
 REPAIR
 MRI
 DNA
 ECOLI

LASER
 LAPAROTOMY
 INCISION
 EXTERPATION
 LUMBAR
 ABDOMINAL
 CYSTOSCOPY
 ROBOTIC
 ULTRASOUND
 UTI